



This paved non-motorized trail passes through several parks along the edge of the Clinton River.

### River Bends Park to Lake Saint Clair Trail

Explore a growing network of over 22 miles of continuous paved trails that follow the Clinton River basin from River Bends Park to Lake Saint Clair. We began our ride at Lake Saint Clair Metropark and rode to River Bends Park and back; a fairly flat and easy ride, with a stop in downtown Utica for lunch.

River Bends Park to Lake Saint Clair Trail Access			
Access Site	Parking	Restrooms	Water
1 River Bends Park	Yes	Yes	Yes
2 Downtown Utica/Memorial Park	Yes	No	Yes
3 Clinton River Heritage Park	Yes	Yes	Yes
4 Sterling Heights Nature Center	Yes	Yes	Yes
5 Dodge Park	Yes	Yes	Yes
6 Clinton River Park Trailhead	Yes	No	No
7 Freedom Hill County Park	Yes	Yes	Yes
8 Lake Saint Clair Metropark	Yes	Yes	Yes

Clinton River Spillway Bike Path Access			
Access Site	Parking	Restrooms	Water
9 Shadyside Park	Yes	Yes	Yes

**Trails Legend**

- Paved Trail (Red line)
- Limestone Trail (Purple line)
- Under Development (Dashed red line)
- Proposed or Planned Trail (Dotted blue line)
- Highways (Thick black line)
- Roads (Thin black line)

### Freedom Metro Trail

The 11-mile Freedom Metro Trail officially begins in front of the beach house at Lake Saint Clair Metropark. The Metropark also boasts some nice paved trails within the park that guide you along the water's edge to Point Huron. The trail travels along the south side of the Metro Parkway (16 Mile Road) and officially ends at Schoenherr Road. When you cross under the I-94 interchange, the trail intersects with the middle of the Clinton River Spillway Bike Path, which runs along the edge of the waterway about 2.5 miles from Mount Clemens to Lake Saint Clair (a fun side trip worth exploring). Most of the major street crossings offer protected crossing signals. A bike-friendly pedestrian bridge takes you over Groesbeck Highway.

### Sterling Heights Connector

At the west end of the Freedom Metro Trail, cross over to the west side of Schoenherr Road and proceed north on a paved urban pathway that provides safe passage to Dodge Park. This connector trail

travels about 3 miles along the west side of Schoenherr Road and the south side of Utica Road to Dodge Park.

### Dodge Park to River Bends Park

Ride, hike or run over 8 miles of paved non-motorized trails that meander along (or near) the edge of the Clinton River through Dodge Park, Clinton River Park, Clinton River Heritage Park, downtown Utica, Memorial Park and River Bends Park. This is a very scenic stretch of trail that we highly recommend.

If you only want to ride this 8-mile section of trail, we suggest starting your journey at River Bends Park or the Clinton River Park Trailhead on Edison Street south of Clinton River Road. The newest section of trail from downtown Utica to River Bends Park was completed in 2015 and nicely designed. Construction was completed last summer on a section of paved trail from the Macomb Orchard Trail to Gene Shepherd Park. Trail developers hope to complete the trail between Gene Shepherd Park and River Bends Park within the next couple of years.



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The Freedom Metro Trail begins at Lake Saint Clair Metropark.